

# Beach Camping Packing Checklist

by [CampingAndCamping.com](http://CampingAndCamping.com)

## Camping Gear

- **Beach suitable tent.** Make sure that the tent can securely anchor into the sand. Where possible, ensure that the tent is twice the size you need for the purpose of air circulation.
- **Sleeping bag.** This must-have beach camping equipment should match the weather. If you will be hiking, choose a lightweight one.
- **Sleeping mattress or mat** where necessary. Consider also whether you will need blankets and pillows
- **Flashlight and headlamp.** This can prove handy to see around at night
- **Beach chairs.** You don't want to be sitting on the sand
- **Small brooms.** With the huge amount of sand on the beach, you will need a broom to clean away the sand
- **Garbage bags.** Proper disposal of garbage is very important while on the beach campgrounds.
- **Cooking items.** These may include cooking pot, waterproof matches, reusable utensils, knife, backpacker propane stove and lighter.
- **Firewood and grate.** Depending on the location, you may be able to find driftwood on the beach and in the dunes. But if this is not available, remember to carry your own firewood.

## Food and Water

- **Frozen water in gallon jugs.** Find out if there is a water source. If there is none, you will be left with no option but to carry gallons of frozen water. This will be a good source of drinking water as the ice melts.
- **Food.** We recommend that you carry one pot of pre-cooked, frozen or freeze-dried meals. Also carry fresh bread, cold cuts, yogurt, fruits, tea bags, and coffee.

## Clothing

- **Swimsuits.** If you have chosen to camp at the beach, there are chances that you enjoy swimming. You should therefore not forget to carry your swimming costumes
- **Layered clothing.** As a result of the cool evening breeze, you will want to keep yourself warm. Carry a lightweight breathable, wind or rain jacket.
- **Extra towel.** This can prove useful for use on the beach as well as for cleaning up. Choose a towel that dries quickly as they will not take a lot of space and will dry fast.
- **Shorts, pants, and shirts.** These should be quick drying.
- **Water shoes.** You will get into the water regularly and the right shoes can help you feel comfortable.

## Personal Items

- **Ziploc bag.** This will help you to keep sensitive items such as your phone, camera, car keys, and wallet free of sand. You may also have wet clothes that you may need to pack and you don't have to combine these with the dry ones.
- **Sunscreen with a high SPF.** Make sure you are using sunscreens all day long. Even when the weather looks cool and the sky is overcast, it is possible to get sunburns. Make sure you reapply every time after surfing, snorkeling or swimming.
- **Bug repellents.** Bugs can be a nuisance while camping at the beach and this is why you need a repellent.
- **Shovel and toilet paper.** If there is no toilet available around the area, you will need to prepare in advance on how you are going to relieve yourself.
- **Sunglasses.** You will need to protect your eyes as you swim on the beach or sunbath.
- **Telescope.** If you are a fan of bird watching, this is a must-have accessory. It will provide you with an excellent view of the various bird species.
- **First-aid kit.** You should not be excited about your camping trip to the point where you forget about staying healthy.
- **Life jacket.** To stay safe while on the beach, always have a life jacket nearby.